

Program

Living Well: 5 things that make a difference

Barbara Snelgrove
Director, Education & Services – Parkinson's Society Canada

Canada's approach to Parkinson's Rehabilitation: Can Exercise Influence Motor Symptoms and Outcomes in PD?

Dr. Quincy Almeida
Director, Movement Disorders Research & Rehabilitation Centre, Wilfrid Laurier University

Quality of Life Panel

Aging at Home Strategy

Carol Burrows
Chair, Aging at Home Task Force: Champlain LHIN

Living and Working with Parkinson's: Staying Engaged – A personal Account

Marc Bellefeuille

Keeping relationships strong – Maintaining a fulfilling sexual life

Dr. Peggy Kleinplatz
Private Practice

Demonstration and presentation on using today's technology – Keeping Fit with Wii Fit

Dr. Louis E. Tremblay
School of Rehabilitation Sciences, University of Ottawa

Agenda

9:00 am Registration and
continental breakfast

9:30 am Opening remarks

9:45 am Barbara Snelgrove

10:45 am Coffee break

11:00 am Dr. Quincy Almeida

12:00 Lunch

1:15 pm Quality of Life Panel

2:45 pm Exercise Break

3:00 pm Dr. Louis Tremblay

4:00 pm Adjournment

Registration Fees

\$75.00 Parkinson Society Ottawa members & companions

\$125.00 non-members

Location

The Marconi Centre is located at
1026 Baseline Road, Ottawa (Baseline and Merivale).

There is limited free parking on site; street parking is also available.

OC Transpo bus route #118 runs along Baseline Road.

The Fine Print

- Fees include continental breakfast, lunch and program materials
- No cancellations will be accepted after Wednesday March 18, 2009
- On-line registrations will be accepted until Wednesday March 18, 2009
- Receipts will be provided upon request



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